Earth Overshoot Day

「アース・オーバーシュート・デー」



Do you know Earth Overshoot Day? This year, Earth Overshoot Day is July 29th.





Every year, we use more resources than the Earth can provide.



How can you reduce demand?

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| Important Words - 重要な言葉 |
| overshoot | calorie | demand |
| オーバーシュート（お嬢） | カロリー | 需要 |
| resource(s) | provide | population | footprint |
| 資源 | 供給する | 人口 | 足跡（影響） |
| reduce | resident(s) | nature | every year |
| 減らす | 住民 | 自然 | 毎年 |

Visit [www.overshootday.org](http://www.overshootday.org) to learn more.